Preprints: an Emerging Trend in Academic Publishing

There’s a growing buzz in the biomedical community about preprints, but many still aren’t clear what a preprint is and how it is different from a published journal article. As the name implies, a preprint precedes the formal published article. Specifically, “A preprint is a manuscript submitted to a dedicated repository (like OSF Preprints, PeerJ, bioRxiv or arXiv) prior to peer review and formal publication.”

There are a number of reasons why preprints benefit both individual scholars and the wider scholarly community. Some preprint repositories are hubs of scholarly communication with researchers commenting on each other’s preprints. For the individual this means you can feedback to help you improve your paper and enhance your chances of successfully publishing it. For the scholarly community writ large, preprint advocates argue that preprints accelerate the dissemination of scientific findings and enable access to research for a wider swath of the community, those for whom access to expensive journal subscriptions is cost prohibitive.

Some scholars worry that posting to a preprint server may harm their chances of publishing their manuscript as a journal article. Currently there is no robust evidence to show that posting a preprint either harms or helps the chances of having your manuscript accepted for publication in a traditional scholarly journal. The fact that a large—and growing—number of journals have preprint friendly editorial policies and that the number of preprints in both biomedical sciences and health sciences are on the rise² seem to indicate that posting a preprint does not preclude or adversely affect publication chances.

One certain step you can take to make sure posting a preprint won’t hurt your chances is to consult the Transpose database, where you can find the preprint policy in your target journal: transpose-publishing.github.io/#/

What’s New in Our e-Resources Collection?

The Levy Library strives to bring our patrons beneficial resources to enhance and meet learning, teaching and research needs. We’re excited to share some of the new resources that have been added to our collection this year.

**Journal of Medical Insight (JOMI):** a peer-reviewed surgical video journal / virtual operating theatre. JOMI films and publishes surgical procedures offering extensive, high-quality, surgeon-narrated didactic experiences.

**Bentham Science:** a scientific, technical, and medical journals and e-books platform, Bentham Science publishes 140 subscription-based academic journals and over 60 open access journals.

**Journal of Drugs in Dermatology (JDD):** offers one of the fastest routes to disseminate dermatologic information and presents original articles, award-winning case reports, and timely features pertaining to new methods, techniques, drug therapy, and devices in dermatology.

**Carlat Psychiatry Reports:** provides practical, clinically relevant unbiased information on psychiatric practices. This includes access to the Carlat Psychiatry Report (TCPR), The Carlat Child Psychiatry Report (CCPR), and The Carlat Addiction Treatment Report (CATR).

**STAT Plus:** is focused on finding and telling compelling stories about health, medicine, and scientific discovery. STAT produces daily news, investigative articles, and narrative projects in addition to multimedia features.

**SPIE Digital Library:** the most extensive resource available on optics and photonics, providing unprecedented access to more than 500,000 technical papers from SPIE Journals and Conference Proceedings and more than 370 eBooks from SPIE Press from 1962 to the present.

Visit [libguides.mssm.edu/az](http://libguides.mssm.edu/az) to access these collections.

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**Complete Anatomy: a Med Ed Must-Have**

Winner of the Apple Design Award and numerous “Best Of” Medical App Awards, Complete Anatomy is the most detailed 3D anatomy model ever. Free to all Mount Sinai students, faculty, and staff, Complete Anatomy Student Plus features more than 17,000 interactive structures and 3D4Medical’s male gross anatomy model, the gold standard in anatomical education.

**Student Plus highlights include:**
- Bone Mapping: helps you learn about the parts, landmarks, and OI spots of each bone in the body.
- Cadaveric Images Course: an anatomy review course designed to supplement courses studying the human form through cadaveric study.
- Quiz Mode: test your knowledge and ability to identify structures with hundreds of detailed quizzes.

**Complete Anatomy can also be used for patient education:**
- Beating Heart: allow patients to see a heart beat in real time to help them better understand conditions such as tachycardia and arrhythmias.
- Muscle Movement: help patients with musculoskeletal challenges understand their treatment and therapy routine.
- Innervation: using the innervation pathway tool, follow the nerves which supply any muscle in the human body, in 3D.

You can download the app for your mobile device, Mac or Windows from the library’s mobile app page: [libguides.mssm.edu/apps](http://libguides.mssm.edu/apps)

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**Evita Rodrigues**
*Assistant Director*
*License and Procurement*

**Robert Bruno**
*Systems Librarian*
Library Support for Vizient Nurse Residency Program

The Vizient Nurse Residency Program is a newly implemented one-year program for graduate nurses with less than one year experience. The program will help new nurses transition from school to professional practice at Mount Sinai. Each resident will lead an evidence-based practice project on a topic of their choice and will present a poster at the end of the program. Four cohorts are currently enrolled in the program, two at the Mount Sinai Hospital, one at Mount Sinai St. Luke’s, and one at Mount Sinai West.

The Levy Library supports the program by providing each cohort with two 90-minute sessions of Evidence-Based Practice curriculum. The first session is a lecture in which we present on levels of evidence, building a PICO question, literature search skills, and critical appraisal. The second session is a workshop in which nurses get hands-on help from librarians to locate articles and find evidence related to their topic. Librarians will be available throughout the program to assist nurses with their evidence-based practice project.

Six Top Library Resources for Nursing Students (and Nurses!)

Nursing school can often be an intense process. It is fast-paced and integrates multiple subjects at once. During coursework, promising RNs will be immersed in the sciences – a comprehensive understanding of the human body is essential for a nurse – but they will also study human behavior and interaction, and learn how to care for all patients throughout the life cycle. On top of the coursework, many nursing programs tend to be accelerated, which means students will be expected to finish and pass their courses in anywhere from 12-24 months. The library can be an invaluable resource for nursing students (and nurses!), providing access to databases, e-books, e-journals, and clinical care apps that can be used in school and beyond in nursing careers.

CINAHL (Cumulative Index of Nursing and Allied Health Literature) is the largest and most in-depth nursing research database. The CINAHL Plus with Full Text database provides full text for 768 journals, and indexing for 5,000 journals from the fields of nursing and allied health.

E-Anatomy is an award-winning interactive atlas of human anatomy available as a mobile app with over 40 modules on the human body including MRI and CT imaging.

Nursing Reference Center Plus provides evidence-based information for clinical point-of-care, continuing education, nursing skills, drug information, nursing practice, and video demonstrations of nursing skills.

UptoDate is a point-of-care medical resource. The UptoDate system is marketed as an evidence-based clinical resource and includes Lexicomp drug database information.

PubMed is a free search engine accessing primarily the MEDLINE database of references and abstracts on life sciences and biomedical topics. It is maintained by the National Center for Biotechnology Information (NCBI).

Stat! Ref is a cross-searchable collection of electronic resources for healthcare professionals that integrates core nursing titles with evidence-based resources and innovative tools all in one. Includes Stedman’s Medical Dictionary, EBM Calc, and an NCLEX test prep podcast.
Make It Personal: Tips to Help You Get Started on Your Own Self-Care Journey

We are so consumed with school, work, and personal responsibilities that we often forget to take care of our own needs. Practicing good self-care is essential for each of us as it helps to reduce the stressors that everyday life brings. But what exactly is self-care? According to the World Health Organization (WHO), self-care is described as “what people do for themselves to establish and maintain health, and to prevent and deal with illness.” In its simplest form, self-care is really just doing something for yourself that contributes to your happiness and well-being.

There is no right or wrong way to practice self-care, so long as you are setting time aside to take care of yourself and it is something that makes you happy. Read on for a few tips to help you get started on your own self-care journey.

- Take intentional breaks when you need it from studying and work. Stepping away for even a few minutes will help you refocus and achieve your daily goals.

- If you are feeling stressed, try to do something that will help you relax. Go for a walk in the park, read a good book, meditate, or even try coloring!

- Learn to say no - it’s okay to say no if you are not able to do something that very moment.

- Treat yourself, you deserve it! It doesn’t have to be something big or expensive, just as long as it is something you do just for yourself that makes you happy!

- Actively do what makes you happy, don’t wait for happiness to find you!

Did you know that the Levy Library has set up a wellness table where we feature various “Brain Break” activities including origami, sudoku, and coloring sheets?

We welcome you to check out the table inside the Levy Library on the 11th floor in Annenberg building on your next break!

Meet Lily, our New Librarian!

Lily is Levy Library’s new Reference & Instruction Librarian. She comes to us with a strong background in clinical librarianship and has previously worked at Weill Cornell, MSK, and Northwell Health. In her spare time, Lily enjoys sewing and reviving vintage clothing.

If you see Lily around the library or teaching an ERS workshop, be sure to say hello!